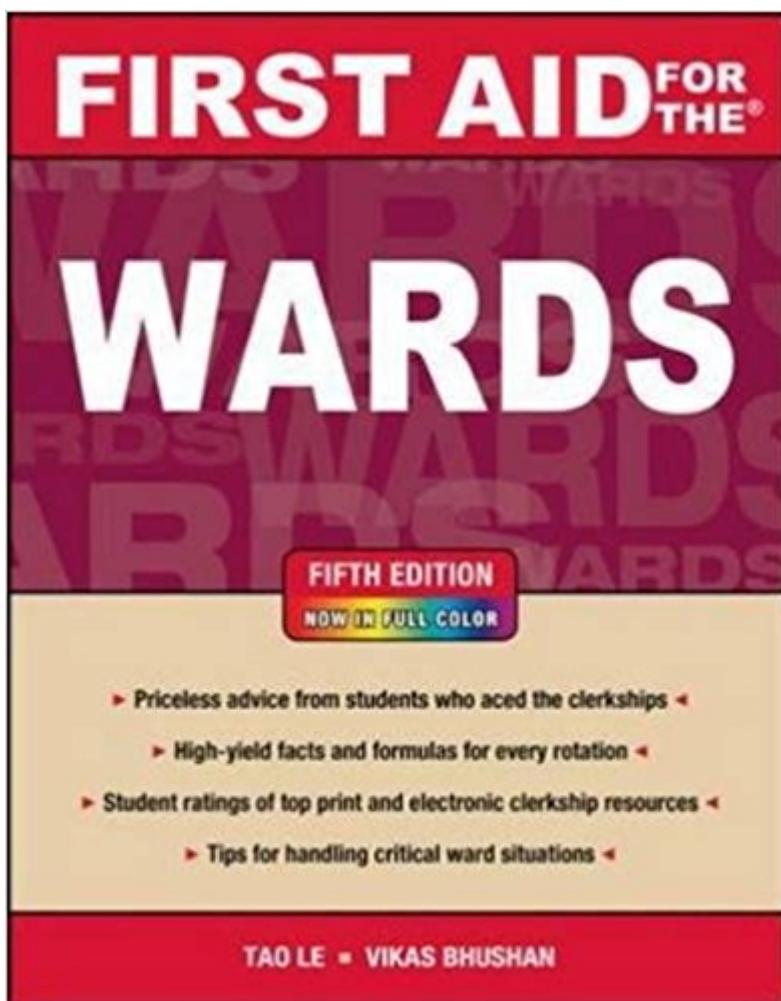


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# First Aid For The Wards, Fifth Edition (First Aid Series)



## **Synopsis**

THE ULTIMATE PRIMER FOR THE CORE CLERKSHIPS, NOW IN FULL COLOR! Everything you need to know to score strong clerkship evaluations Preparation for every core rotation: medicine, surgery, pediatrics, obstetrics and gynecology, neurology, psychiatry, and emergency medicine Answers to commonly asked "pimp" questions Hundreds of full-color illustrations clarify essential concepts and improve retention Advice on presenting cases to attendings How-to guides for common procedures High-yield facts on the diagnosis and treatment of common diseases Sample patient notes, clipboard and note-card patient templates Updated student ratings of popular clinical handbooks, review books, reference texts, and electronic products A STUDENT-TO-STUDENT GUIDE TO THE FUNDAMENTALS OF SURVIVING THE WARDS--DON'T START THE CLINICAL YEARS WITHOUT READING THIS BOOK! APPLY THE PROVEN FIRST AID FORMULA FOR CLERKSHIP SUCCESS!

## **Book Information**

Series: First Aid Series

Paperback: 544 pages

Publisher: McGraw-Hill Education / Medical; 5 edition (December 21, 2012)

Language: English

ISBN-10: 0071768513

ISBN-13: 978-0071768511

Product Dimensions: 9.1 x 0.7 x 10.9 inches

Shipping Weight: 2.4 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 24 customer reviews

Best Sellers Rank: #129,714 in Books (See Top 100 in Books) #89 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Diseases #163 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Clinical Chemistry #257 in Books > Textbooks > Medicine & Health Sciences > Test Preparation & Review

## **Customer Reviews**

Tao Le, MD, MHS Assistant Clinical Professor of Medicine and Pediatrics Chief, Division of Allergy and Immunology Department of Medicine University of Louisville Louisville, Kentucky Vikas Bhushan, MD is a practicing diagnostic radiologist based in Los Angeles, California.

This book is the first purchase I recommend for medical students about to start their third year, and

is one of the most helpful resources for clerkships. The book is broken down as follows: The first 50 pages begin with an overview of what third year is like and lots of basic information that you are never really taught, but feel foolish for asking (e.g. what is the difference between a chief resident and an intern? What do the various hospital staff do?). It also has survival tips, sample H&P/SOAP notes, admit orders, oral presentation advice, and scheduling recommendations. It then has a short section of high-yield info that is useful for every clerkship (e.g. fluid replacement, overview of common hospital antibiotics and their uses, etc). This section is best to read BEFORE starting third year. The next 400 pages are broken down into chapters by clerkship, with each being roughly 50 pages (except IMED which is around 75). Every chapter begins with a basic overview of the rotation, what your typical schedule looks like (freakishly accurate), your responsibilities on that rotation, tips specific for that rotation, sample progress notes, and my favorite: "what to keep in your pockets". This is followed by a high-yield review of the most important topics for that clerkship, sort of like a mini First Aid. This includes tons of full-color pictures and the high-yield diagrams you expect from a First Aid book. At the end of each chapter is a list of additional high-yield topics that you should study on your own. The idea is that you read each chapter before you start that rotation, but I found that it usually took me most of the first week to finish a chapter. The last 50 pages include 2 very helpful appendices: the first one consists of descriptions & reviews of all the best references, textbooks, review books, practice tests, pocket guides, etc for each clerkship/shelf as well as for Step 2. The second index consists of hundreds of common medical abbreviations and what they stand for. As for the 5th edition specifically, I highly recommend it over the 4th. It has been totally updated and is now full-color, better organized, all the information has been updated, some new high-yield topics have been added and low-yield ones were dropped. The review section in particular has been revamped to include iPhone/Android apps instead of PalmPilot/PocketPC apps. The book is also somehow MUCH thinner and lighter, despite being only 30 pages shorter. The outside of the book has also been covered with some kind of tough, transparent coating that is waterproof and tear-resistant... I'm surprised this isn't even advertised, as it's pretty awesome for a book that you will use all year. I think all review books should do this.

4/5 stars due to the fact that the psychiatry section was still DSMIV and not updated to DSMV. Other wise this book was great for a quick read through just prior to starting my next rotation. By no means is this a comprehensive review but it is satisfactory enough to get a general idea of the knowledge for each core rotation. Definitely needs to be supplemented with other sources to prepare for shelf exams and needed clinical knowledge.

I'm now 3 rotations into my third year and I'm loving this book. I think it's an excellent resource if you're using it for the purpose of being a primer for your rotation. For me, I've been finishing the chapter on a given rotation during the first week of that rotation (~60 pages), which gives me a good summary of the specific logistics of the different rotations as well as a light-medium depth overview of the major clinical topics pertaining to that rotation (signs/symptoms/workups/treatments etc)As other reviewers have noted, the beginning of the book has some overall tips for rotations and then goes into a chapter for every rotation. Each chapter starts off with what to expect for the rotation or what it makes it different from other rotations (for example, the peds chapter has a section on tips for examining children). The chapters then go into the actual "medicine" of each rotation and gives overviews of the most common diseases etc found in that population of patients. Obviously, this book alone will not help you ace your shelf, and definitely not step 2, and neither of these is the reason this book exists. But I think if you use it as a primer/first pass of the info during the first week of each rotation, you won't be so clueless in front of the attendings during those first days.

Definitely read this before each clerkship. Use the templates for notes and you'll impress your preceptors.

very good book.....just that the book size is big and cant carry on ward rounds aside that...i found it to be very good and gives all the information i needed.

A great resource for review before my NBME shelf exams. I didn't find it helpful to read during my rotation however. I would suggest Case Files as a better source to augment your in rotation learning.

Very helpful!

Great book for those particular subjects. Very well-formatted.

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